

Practical Aids in House Keeping

Singer Water Ice.

Rather unusual is this frozen sweet, but some there be who pronounce it delicious. To make it prepare a plain lemon ice and flavor it strongly with the syrup of preserved ginger. When the ice is half frozen stir in chopped ginger in the desired quantity.

Grape Juice Frappe.

One pint of grape juice, one cupful of orange juice, and the juice of two lemons are required. Add two cupfuls of granulated sugar and four of water. Boil the sugar and water fifteen minutes and add the fruit juice. Strain, add a quart of ice water, and more sugar if necessary. Remember that lemons are sweeter before they are frozen than afterwards. Do not freeze too hard.

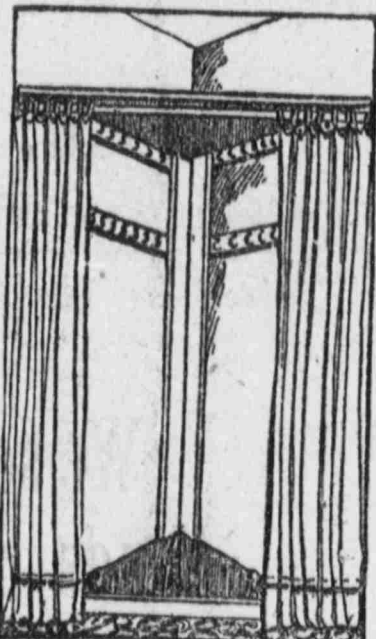
Delicious Jellied Fruit.

Jellied fruit is a tempting dish on hot evenings. Arrange some fruit on a glass dish, having flavored each peeled fruit, or slice, with sweet fruit syrup, if you have it, and lemon juice. Set the dish on ice, and between each layer pour some lemon jelly that is in a semi-liquid state, pile the fruit, arranging it tastefully, and coat all with jelly. When quite set, scrape off with a spoon any jelly that has fallen into the dish, beat it with a silver fork, and arrange it over the fruit. Scatter chopped almonds over and serve.

A Wicker Hanging Seat.

For anything which is so generally admired as is the hanging seat, one finds it surprising that so few of them are in use. The cost no doubt is the cause. One may find plenty of seats built for two, just as comfortable if not more novel as this clever thing in wicker. This one measures seventy-six inches in length and thirty-four inches in depth. It is fitted with ropes and hooks and is very attractive for a sunny hall, a den or a broad porch. It is prettiest when stained a soft deep forest green, though a coat of red makes it a telling spot when the house is of gray stone or gray stone and weathered shingles. Natural wicker color is never out of the way, and it is cheaper and more lasting. Besides, it scrubs beautifully. Those who are fond of a hammock, but object to getting so mixed up that a

floor, can be made to fit into the corner of any room where it may be required.



quired. Besides being movable, this has the added advantage of not marking the walls.



Wall paper may be nicely cleaned by rubbing it with the soft part of rye bread.

Soda is an excellent article for cleaning tinware. Apply with a damp cloth and rub dry.

A drop or two of vanilla flavoring added to a pot of chocolate greatly improves its flavor.

A jar of lime on the pantry shelf or on the cellar floor will keep the room dry and the air pure.

Too rapid boiling ruins the flavor of any sauce. It must boil up at once, but should never do more than simmer afterward.

Salt and vinegar will remove the worst spots of verdigris on brass or copper. Wash off with soap and water

and polish with a whiting wet with alcohol.

If in cooking too much salt has been put into an article, the same amount of brown sugar put into it will counteract the effects.

To remove paint or varnish marks on glass, rub with a little warm vinegar, or with the edge of a copper coin dipped in water.

An effective centerpiece for a table is an electric lamp placed on a mirror, with a stained glass globe reflecting the varied colors of the glass used in the design of the shade.

A good way to purify the air of a sick room in rainy weather is to pour a little oil of lavender into a cup of steaming hot water. This will also purify dining rooms and halls of disagreeable cooking odors.

Window wedges are worth much and cost little. No bedroom window should without its wedge, for by means of it rattling may be prevented on stormy nights, and the occupant of the room may sleep undisturbed.

Tablecloths are marked nowadays on the diagonal line from the centre to one of the corners, the initials being usually put about one yard from the centre. They may be placed parallel to this perpendicular line or diagonally.

Size of a Cuckoo Egg.

The common cuckoo lays the relatively smallest egg. For instance, the jackdaw and the cuckoo are about equal in size, yet the jackdaw's egg is some five or six times larger than the cuckoo's. The fact that the cuckoo is wont to deposit its eggs in the nests of birds very much smaller than itself doubtless in measure explains this.

A Ruler Who Lives in Fear.

The Turkish ruler is under such constant dread of an attempt on his life that he never sleeps for two nights in succession in the same chamber, and the particular room in which he rests is known to but few.

They Live on Small Earnings.

Of the 41,000,000 people in England more than half of them live on an income of less than \$12 a week, and the earnings of 7,000,000 of this number do not exceed \$6 a week for the family.

AGRICULTURAL

Earth Worms.

Among agricultural workers perhaps the earth worm receives the least attention and seldom appreciated. Its value to the land is seldom appreciated. It bores through the soil, making little tunnels in every direction, thereby admitting the air and moisture not only to the soil but through the soil to the subsoil. During the process of boring it eats its way along, thereby grinding up the little particles of earth, rendering them finer and in better condition to retain moisture, especially what is known as fluff moisture, which feeds the tiny roots of plant life with soluble compounds that have been prepared in the great chemical laboratory of nature for this special purpose. Of most of our farms special worms are the best if not the only subsoil workers in use—they are probably the most practical subsoilers that are at work on any farm.

Unclean Seeds.

Unclean seed has more to do with the distribution of weeds than all other causes combined. These are brought upon our farms in garden and field seed from foreign countries. Russian flaxseed is responsible for the introduction of Russian thistle, which first appeared upon a single farm, and now covers 40,000 square miles in the United States. Alfalfa, beet, turnip and other field and garden seeds imported from Europe are the potent cause for the contamination of our lands with farm weeds. Nor are the farmers of this country at all particular in saving their seeds, fields containing weeds often being set apart for seed crops, insuring the foulest seeds in many cases. And then, in the purchase of seeds, the farmer is not careful to buy pure seed only, but plants whatever some dealers offer him. Until these methods are done away with we must expect to have new pernicious weeds constantly appearing among our crops.

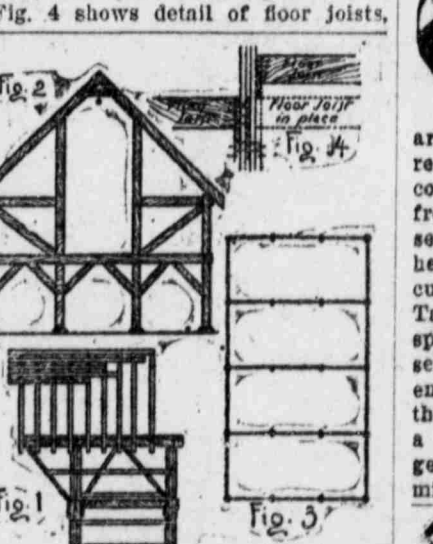
Use Some Paint.

We often see farmers' wagons and sleighs nearly worn out before the second coat has been put on them. If some knew the exact loss in dollars and cents from their neglect, they would be almost frightened. The tires on an unpainted wagon will soon get loose while if they are kept painted they will remain tight much longer. We have seen many breakdowns caused by the tires running off, and in most cases the wheel is spoiled. One must watch closely, especially just before haying, and give the wheels a good coat of paint if it is needed. First soak the wheel up with water, then wash clean, then before they shrink back put on two coats of paint. This last painting will cause the tires to remain tight, and may save dollars at times when time is valuable. In my forty years' experience I have seen these things occur, and I practice what I recommend to others. Repeating wagons and sleighs saves their owners many dollars, especially when time is valuable, for instance in haying and harvesting time. If one is watchful, much loss may be averted.—C. W. Kellogg, in The Epitome.

The accompanying four illustrations give detail of a brace frame barn forty by sixty-two feet, with twenty-foot posts. The barn is built of two by six or two by eight inch scantlings throughout. There is not a single piece larger in the whole frame. The ground plan, Fig. 3, shows position of the pillars, twenty in number. These pillars are of stone, or concrete. There are four bents in this barn, which may be arranged to suit the needs of the owner.

Fig. 1 gives in detail the method of framing. A single one is shown complete, with part of the adjoining one. The rafters are also shown, as well as detail of the plate, spans, joist bearers, braces, nailing, girths, etc. Fig. 2 shows an end view of the manner of framing a single interior bent. The rafters may advantageously be lapped on the purlins, making them in two pieces, and spiked well together. Fig. 4 shows detail of floor joists.

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DETAILS OF A BRACE FRAME STRUCTURE, 40x62 FEET.

showing the manner of putting them in lengthwise of the building. They are two by eight, pretty close together and well bridged, while the joist bearers are two by twelve—two two by six's placed side by side. The manner of splicing through the joist bearers to the ends of the floor joists, making the upper edges flush, saves a lot of head room. This is well illustrated in Fig. 4. The floor joists are spiked to the joist bearer before it is let down in place, then all are firmly spiked together.

The floor of a brace frame structure is best of concrete. A sill under floor is not rigid enough. If a wooden floor is used sills are best placed in between posts and spiked through after the manner of spiking the floor joists to joist bearers. The detailed specification and bill of lumber can be worked out by any carpenter worthy the name.—J. A. Macdonald, in Orange Judd Farmer.

Our Daily Walk.

It is estimated that every man walks two miles a day, if only stirring about his room or office.

HIS WOE
"He's forever complaining of his hard luck. I wonder what his idea of hard luck, anyway."
"It is merely his inability to fall into a soft snap."—Philadelphia Press.

CONTAMINATED.
"What a pure, serene face Miss Fairchild has!"
"Yes, she does look as though she had never been to the theatre in her life."

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2.00 bottle and treatment free. Dr. R. H. KLINE, Ltd., 331 Arch St., Phila., Pa.

Ask Your Dealer For Allen's Foot-Ease. A powder. It cures the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Itchy, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all Drugists and Shoe Stores, 25 cents. Accept no substitute. Sample mailed FREE. Address, Allen S. Olmsted, LeRoy, N. Y.

One good turn deserves another, but that is generally all it does.

Jan. 29th—Pico's Cure for Consumption saved my life three years ago.—Mrs. THOMAS ROBERTS, Maple St., Norwich, N. Y., Feb. 17, 1903.

A man never quits being a boy until his mother dies.

Hair Falls

"I tried Ayer's Hair Vigor to stop my hair from falling. One-half a bottle cured me."
J. C. Baxter, Braidwood, Ill.

Ayer's Hair Vigor is certainly the most economical preparation of its kind on the market. A little of it goes a long way. It doesn't take much of it to stop falling of the hair, make the hair grow, and restore color to gray hair. \$1.00 a bottle. All Druggists.

If your druggist cannot supply you, send us one dollar and we will express to you a bottle of Ayer's Hair Vigor, of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

GOOD SUGGESTION.

Stubb—They advertise for a teacher at the young ladies' cooking school. Penn.—Does the teacher have to sample what is cooked? Stubb—Of course. Then they had better engage an actress.—Chicago News.

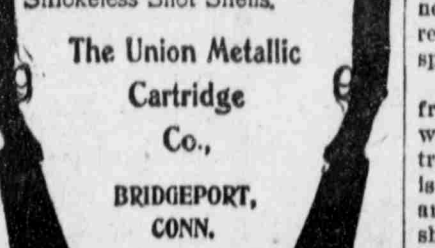
FREE STUART'S GIN AND BUCHU

To all who suffer, or to the friends of those who suffer with Kidney, Liver, Heart, Bladder or Blood Diseases, a sample bottle of Stuart's Gin and Buchu, the great southern Kidney and Liver Medicine, will be sent absolutely free of cost. Write for it. Address, STUART DRUG MFG CO., 38 Wall St., Atlanta, Ga.



Stands for Union Metallic Cartridges. It also stands for uniform shooting and satisfactory results.

Ask your dealer for U.M.C. ARROW and NITRO CLUB Smokeless Shot Shells.



The Union Metallic Cartridge Co., BRIDGEPORT, CONN.

Ripans Tablets are the best dyspepsia medicine ever made. A hundred millions of them have been sold in the United States in a single year. Every illness arising from a disordered stomach is relieved or cured by their use. So common is it that diseases originate from the stomach it may be safely asserted there is no condition of ill health that will not be benefited or cured by the occasional use of Ripans Tablets. Physicians know them and speak highly of them. All druggists sell them. The five-cent package is enough for an ordinary occasion, and the Family Bottle, sixty cents, contains a household supply for a year. One generally gives relief within twenty minutes.

The Randolph-Macon System

Endowed Colleges and Correlated Schools Training men and women, boys and girls not together but in five separate institutions under one management. The Randolph-Macon System is the best and most complete of its kind.

Save Time and Money For particulars, address, writing and use of student. Chancellor WM. W. SMITH, A. M., L. L. D., College Park, Lynchburg, Va.

CAPUDINE CURES NERVOUS HEADACHES.

10, 25 and 50c at Druggists. CAPUDINE CURES NERVOUS HEADACHES. 10, 25 and 50c at Druggists.

SAW MILLS

Our latest improved Circular Saw Mills for sawing lumber, with Hoge's Universal Log Beam Rectifier, Simultaneous Set Work and the Hoge's King Variable Feed Works are unequalled for accuracy, simplicity, durability and ease of operation. Write for full descriptive circular. Manufactured by the SALEM IRON WORKS, Winston-Salem, N. C.

Give the name of this paper when writing to advertisers.—(At 30, '03)

FOR WOMAN'S BENEFIT

SUMMER NEEDLEWORK.

Hints For Embroiders—Pretty Work on Shirtwaists.

The use of embroidery is more extensive this season than it has ever been before. It appears in every conceivable form on gowns and dress accessories, as well as on all sorts of decorative and useful articles for the home. Some of these are so elaborate as to necessitate the work of an expert, but many of the simple stocks and linen trimmings can be made with ease. The effect of these indispensable trifles depends not so much on the amount or style of embroidery employed as on the neatness and carefulness with which the work is done.

The stocks, which promise to be so popular this year, are usually made of French knots, worked in rather coarse Renaissance thread, always make a suitable decoration. On the point, or on each side, may be placed tiny buttons or a spider web. Small conventional flowers are also pretty, and should be padded, as initials are.

Shirtwaist sets, consisting of stock, cuffs, pleat and belt, are often done in the simple cross stitch. This is easy to do, and yet makes a stylish trimming. Embroidered bands are seen on all the smart shirtwaist suits, and may easily be made by alternating spider webs or a simple conventional flower with groups of French knots. Yokes of butcher's linen done in the same way are also worn, the edges being finished with a linen band or button-hole.

Ribbon embroidery is greatly in evidence on handsome sofa cushions. The material used is generally silk moire in the very delicate shades. Forget-me-nots, rosebuds, violets or, in fact, any small flowers look extremely dainty when done in this way, and soft green moire, embroidered with daisies, makes a lovely cushion. The petals should be done with white ribbon, and the centres filled in solid with yellow French knots. The leaves look best embroidered with silk in the usual way.

In the case of embroideries done on white material, the background is often covered with darning in a pale shade, done in straight lines. This entirely changes the appearance of the piece, making it seem as if the silk thread were woven into the material. When the color of a piece is too vivid, it may be toned down by laying fine white or cream net over it. This is best accomplished by basting the net over the whole piece and then working right on top of it. The pictures on artists' satin used for cushion tops may be much improved by this treatment.

Brown linen embroidered with large, showy flowers makes handsome centerpieces. Poppies and daffodils are admirable for this work. Green linen is also used, but the brown harmonizes better with the bright colors used in the design. Conventional designs in deep tones of red and blue are also popular. These are done in fancy stitches, with a great deal of the Spanish-laid, such as is used on altar cloths. These centerpieces are particularly suitable for library tables, as they are in striking contrast to the dark wood, while the heavy, rich work is in keeping with the furnishings of such rooms. Frequently the edges of these pieces are finished by deep ecru lace, applied outside the buttonholing.

Spanish-laid is probably the best stitch to use in making very large letters, or monograms, in silk. It is not nearly so difficult to do well as the regular initialing, and, besides, it offers splendid opportunity for good shading. Black satin, cut the same shape as a fraternity or class pin, with the figures worked in gold, makes a novel and attractive pillow for the college girl. It is edged with a golden yellow cord, and backed with satin of the same shade. The idea is to carry out the scheme of the pin as nearly as possible.—New York Tribune.

NEWEST FASHIONS.

Flowers are now made of feathers. In bodices the bolero effect is paramount.

Toggles are small and narrow and rather pointed.

The newest ribbons are sprinkled with embroidered flowers.

Cordings and gaugings have replaced tuckings at the top of skirts.

Burnt straw hats, trimmed in black, are worn to an astonishing degree.

Petticoats are more elaborate than ever, and green seems to be the favorite color.

Pale blue, mauve and rose tints are leading favorites in linen, batiste and other wash fabrics.

Lace used on undershirts is nearly always in the form of insertion, as it can be sewed on to a foundation more easily.

Of fancy embroidered and quaintly shaped lawn and cambric stocks there is no end, but these trifles are by no means cheap.

A fetching hat is of white straw, trimmed with tulle, the touch of color being given by a spray of magenta banksia roses.

Plaid straws of all kinds are very fashionable, both for creating the hat and for garniture. Plaid facings for a plain upper are especially liked.

Floral painted tussore make up into the prettiest of summer frocks or blouses, with a soft ecru and centre of liberty silk for the requisite note of color.

A valuable adjunct to the finish of a dress is the sash. When long ends are not used the back of a belt is finished with a butterfly bow, crocheted cords or a cluster of silk bobbles.

British Railway Capital.

British railway capital has increased during the last ten years by no less than \$800,000,000.

PE-RU-NA IS OF ESPECIAL BENEFIT TO WOMEN

Says Dr. M. C. Gee, of San Francisco.

A CONSTANTLY increasing number of physicians prescribe Peruna in their regular practice.

It has proven its merits so thoroughly that even the doctors have overcome their prejudice against so-called patent medicines and recommend it to their patients.

"I Advise Women to Use Peruna," Says Dr. Gee.

Dr. M. C. Gee is one of the physicians who endorse Peruna. In a letter written from 313 Jones street, San Francisco, Cal., he says:

"There is a general objection on the part of the practicing physician to advocate patent medicines, but when any medicine cures hundreds of people it demonstrates its own value and does not need the endorsement of the profession.

"Peruna has performed so many wonderful cures in San Francisco that I am convinced that it is a valuable remedy. I have frequently advised its use for women, as I find it cures regular and painless menstruation, cures leucorrhoea and ovarian troubles, and builds up the entire system. I also consider it one of the finest catarrh remedies I know of. I heartily endorse your medicine."

Mrs. E. T. Gaddis, Marion, N. C., is one of Dr. Hartman's grateful patients. She consulted him by letter, followed his directions, and is now able to say the following:

"Before I commenced to take Peruna I could not do any hard work without suffering great pain. I took Peruna, and can now do any work that I have ever taken. Now I am as well as ever; I do my own work and it never hurts me at all. I think Peruna is a great medicine for womankind."

Women are especially liable to pelvic catarrh, female weakness as it is commonly called.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Peruna occupies a unique position in medical science. It is the only internal systemic catarrh remedy known to the medical profession to-day. Catarrh, as every one will admit, is the cause of one-half the diseases which afflict mankind. Catarrh and catarrhal diseases afflict one-half of the people of the United States.

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